

# Munch and Crunch



## What they will learn

Food preparation skills

How to cook simple meals

How to prepare snacks

Learn to share a meal with others

Hygiene in the kitchen

## What you need to know

For: 8-14 year old

**COST: \$375 per term**  
**5 sessions per term**  
**(DSS and NDIS funding applicable)**

**TIME Friday 11:30-1:00**  
**Contact for session dates**

**PLACE:**  
**occuPLAYtional Therapy Space**  
**449 High Street Melton**

*SdW Therapy Services*  
*Using Play to Grow and Develop*



**To book a place for your child email**  
**[letsplay@sdwtherapyservices.net](mailto:letsplay@sdwtherapyservices.net)**  
**or call 0409 555 573**